

EASTERN COALFIELDS LIMITED

(A Subsidiary of Coal India Limited)
Office of The Chairman – Cum Managing Director
Sanctoria, P.O. Dishergarh, Dist. Paschim Bardhaman
(West Bengal) Pin-713333

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Ref.No:-ECL/HQ/C-6-F/W&CSR/2021/ 720

Date:15.06.2021

NOTICE

Subject: Celebration of 7th International day of Yoga on 21st June 2021

The International day of Yoga is going to be observed at ECL, HQ on 21st June 2021.

All the employees are requested to follow and practice Yoga as per common Yoga protocol from below mentioned link that is https://www.youtube.com/watch?v=h10xpsDKpHM

A live yoga session will be organized on 21st June 2021 through Company's Facebook page at 7.30 A.M.

You are requested to participate on IDY from your home with your family and get a chance to win attractive prizes. You can share your Yoga posture at the comment box of Facebook Live Yoga Session.

General Manager

Copy to:

- a) All Notice Board
- b) All HODs of HQ
- c) All Area GMs
- d) All APMs
- e) All Yoga centres of ECL